

**Our children are receptive, inquisitive learners who, through our Gospel values, have a unique sense of the world**

**The PSHE Curriculum K&S at St Teresa’s Catholic Academy – Lower Key Stage 2**

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|  | Year 3    Created and loved by God  Relationships  Me, My body, My health  Living in the wider world  Health and well-being  Emotional well-being | | Year 4    Created and loved by God  Relationships  Me, My body, My health  Living in the wider world  Health and well-being  Emotional well-being | |
| Ten: Ten Units | SKILLs | KNOWLEDGE | SKILLS | KNOWLEDGE |
| Created and loved by God | Feelings/ emotions starting school | The importance of self-respect and their right to be treated respectfully by others  What it means to treat others, and be treated, politely  The ways in which people show respect and courtesy in different cultures and in wider society | Feelings/ emotions starting school | The importance of self-respect and their right to be treated respectfully by others  What it means to treat others, and be treated, politely  The ways in which people show respect and courtesy in different cultures and in wider society |
| Created and loved by God | Class charter | What is appropriate to share with friends, classmates, family and wider social groups including online | Class charter | What is appropriate to share with friends, classmates, family and wider social groups including online |
| Me, My body, My health | Families and love | To recognise and respect that there are different types of families, including single parents, step-parents, blended families, foster and adoptive parents | Families and love | To recognise and respect that there are different types of families, including single parents, step-parents, blended families, foster and adoptive parents |

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| Me, My body, My health | How to help families in situations | That being part of a family provides support, stability and love  About the positive aspects of being part of a family, such as spending time together and caring for each other | How to help families in situations | That being part of a family provides support, stability and love  About the positive aspects of being part of a family, such as spending time together and caring for each other |
| Me, My body, My health | Personal boundaries, safety including online | About what privacy and personal boundaries are, including online  Basic strategies to help keep themselves safe online e.g. passwords, using trusted sites and adult supervision | Personal boundaries, safety including online | About what privacy and personal boundaries are, including online  Basic strategies to help keep themselves safe online e.g. passwords, using trusted sites and adult supervision |
| Emotional well-being | Bullying and Saints be attitudes | That bullying and hurtful behaviour is unacceptable in any situation  About the effects and consequences of bullying for the people involved  About bullying online, and the similarities and differences to face-to-face bullying | Bullying and Saints be attitudes | That bullying and hurtful behaviour is unacceptable in any situation  About the effects and consequences of bullying for the people involved  About bullying online, and the similarities and differences to face-to-face bullying |
| Emotional well-being | Respectful behaviours | To recognise respectful behaviours e.g. helping or including others, being responsible  How to model respectful behaviour in different situations e.g. at home, at school, online  The importance of self-respect and their right to be treated respectfully by others | Respectful behaviours | To recognise respectful behaviours e.g. helping or including others, being responsible  How to model respectful behaviour in different situations e.g. at home, at school, online  The importance of self-respect and their right to be treated respectfully by others |

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