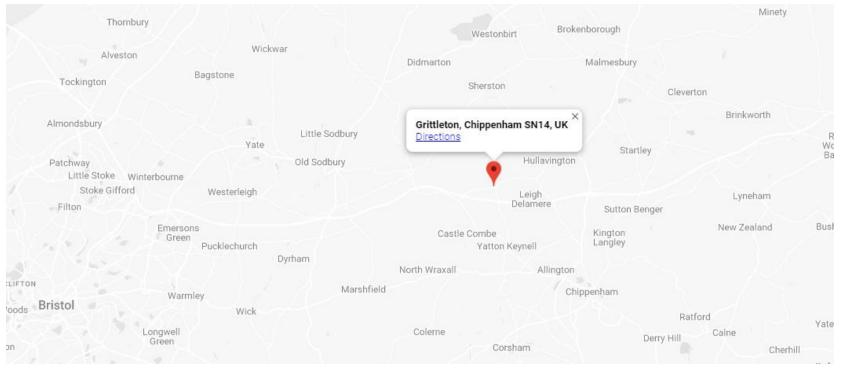


### Year 6 residential 2023-Grittleton House



Staff accompanying children: Mrs Boucher Mr McMillan Mrs Shumake Mrs Elliott

### Where is Grittleton?



#### Why the change from PGL

- Not overly happy with the accommodation and activities that we got at PGL last year, site is very big over a 1000 children, lots of hire-wire activities
- Looked for something new, and Grittleton gets great reviews, it is smaller only 3 schools at a time so maximum 200 children on site
- Cost is much lower both the centre charges and not having to pay for ferry and long coach travel to the Isle of Wight
- Different mix of activities less high ropes and more team building



### **Arrangements**

Drop off at front school gates at normal time on Monday 2<sup>nd</sup> October. Children to wear own clothes and be able to carry their luggage – one holdall/suitcase per child. Coach will leave midmorning to travel to Grittleton House, about 1 ½ hour journey

Children do not need snacks for the journey.

Children will need a packed lunch – <u>fully disposable</u>!

◆Parentmail will be sent on Monday evening to confirm all arrived safely and settled in.

School website will be updated regularly with some pictures and information of the days activities.

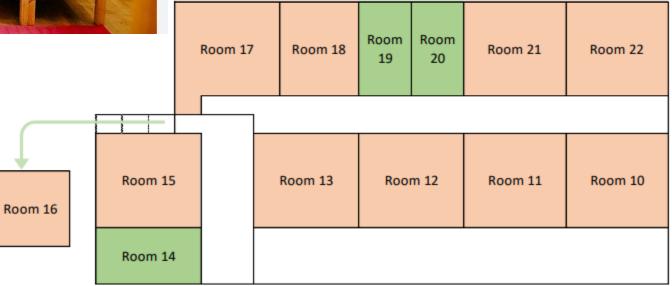
Friday return time: approx. 2 pm



## **Sleeping arrangements**



#### The Old Stables





## **Sleeping arrangements**

- All accommodation buildings are locked at night with external access via key or keycode lock only
- ✤ The children will be in rooms of 3 8
- Each room has bunkbeds
- Each room has an en-suite bathroom
- All children have had the opportunity to write the names of 3 children that they would like to share a room with.
- Staff will then ensure that children will have at least 1 of the children named on their list in their room.
- The children spend very little time in their rooms and it is always a great opportunity to make new friends.





Food at Grittleton is hopefully fantastic and definitely plentiful!
 All allergies/requirements are catered for

 please identify on the Medical Questionnaire
 Nut free site – please remember this in your packed lunch

The restaurant at Grittleton House is located on the ground floor of The Clock Tower at the Old Stables and has a capacity for approx. 100 children per sitting.

We aim to offer

- · Heathy well balanced familiar meals
- · Vegetarian options at each meal
- · Salad bar available for lunch and dinner
- · Locally sourced ingredients (where possible)



·				
Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast				
	Choice of Cereals Toast with Jam Mini pastries (pan aux chocolate, pan aux raisin, croissant) Fresh Fruit Tea, Coffee, Water & Orange juice	Choice of Cereals Toast with Jam Boiled Eggs Fresh Fruit Tea, Coffee, Water & Orange juice	Choice of Cereals Toast with Jam Mini pastries (pan aux chocolate, pan aux raisin, croissant) Fresh Fruit Tea, Coffee, Water & Orange juice	Choice of Cereals Toast with Jam Frankfuter Sausages Fresh Fruit Tea, Coffee, Water & Orange juice
Lunch				
	Vegetable soup and baguette Cheese, Ham Salad bar Tea, Coffee, Squash & Water	Sausage Rolls/Vegetarian Baked Beans Salad bar Tea, Coffee, Squash & Water	Tomatoe Soup and baguette Cheese, Ham Salad bar Tea, Coffee, Squash & Water	Packed Lunch Containing Sandwich Fruit, Chocolate Bar, Crisps Fillings: Ham, Tuna, Cheese, Jam
Dinner				
Chicken/vegetarian Nuggets with Chips & sweetcorn Salad Bar Yoghurt Tea, Coffee, Squash & Water	Option 1 Spaghetti bolognaise Option 2 Mac and cheese Salad Bar Sliced peaches in syrup Tea, Coffee, Squash & Water	Option 1 Chicken korma, rice Option 2 Cheese and tomato pasta Salad Bar Profiteroles Tea, Coffee, Squash & Water	BBQ - burgers, hot dogs Salad Bar Ice Cream / Sorbet Tea, Coffee, Squash & Water	

#### **Example Menu**



## **Medicines**

- All medicines must be labelled with child's name and clear dosage instructions.
- Please ensure all medication is delivered to the school office by Thursday 28<sup>th</sup> Sept.
- All of the staff are First Aid trained but Mrs Elliott will be the designated First Aider for the trip.
- Travel sickness please indicate on the Medical Questionnaire. Please give a tablet before they come to school on the Monday. We carry tablets for the return journey, but if you want a specific tablet for your child that must be bought into school in a named and sealed bag by the Thursday before





- On the form there is a section for permission to administer basic medication; Calpol, Nurofen, Piriton
- If a child is unwell we will treat as we would in school. If it's minor we will keep them at Grittleton supervised by an adult. If allowed we would administer the above medication
- If it is more serious and needs medical attention the centre will arrange transportation to the nearest hospital and you will be contacted by Mrs Peters
- If your child develops a stomach bug, covid type virus or similar we will ask you to collect them as we can't risk it spreading to the rest of the group



# <u>Kit list</u>

- A full kit list for the trip has been provided for all parents.
- There are a mixture of activities both clean and unclean so please ensure appropriate clothing is packed AND spare clothes included.
- The weather is unpredictable so please ensure children are prepared for all scenarios with hats, gloves, warm clothes, sunhat, suncream etc.

PLEASE NOTE THAT LUGGAGE IS LIMITED TO ONE CASE/HOLDALL PER CHILD. Please do not send any snacks or sweets in your child's case as no food is allowed in the accommodation block

## <u>Kit list</u>

### CLOTHING

- Nightwear
- Slippers
- 6 Underwear
- 6 socks
- 4 pairs trousers/leggings/tracksuit bottoms for activities
- 2 pairs of knee length shorts
- 2 pairs of sturdy trainers for activities
- 1 pair of old trainers/shoes for wet/muddy activities
- Pair of dry shoes for evening activities
- Fleeces/sweatshirts for activities
- 2 Long sleeved t-shirts (for activities where arms need to be covered)
- 6 T-shirts
- Waterproof jacket/cagoule
- Warm anorak/coat or similar
- Hat and gloves (if appropriate)
- Baseball hat/sun hat

### Please label everything!!

## <u>Kit list</u>

#### • OTHER ITEMS

- One bath towel for showering
- Plastic drinks bottle
- Sunscreen (high factor)
- <u>Small</u> rucksack/bag
- Labelled bin bag/large plastic bag for wet and dirty clothing
- Toiletries bag and contents (including soap/shower gel, roll-on deodorant, shampoo, flannel, tooth brush & paste and a hairbrush)
- Purse with  $\pounds 10$  in two five pound notes or coins if possible

Children are responsible for their own belongings. It may be useful to provide a list of items packed. Lost property is hard to track down after a visit and there is a small charge for returning items. Please don't bring electrical devices, computer games, mobile phones, jewellery/valuables, aerosol deodorants, hair dryers/straighteners etc.

#### • PLEASE NOTE THAT LUGGAGE IS LIMITED TO ONE CASE/HOLDALL PER CHILD

• Please do not send any snacks or sweets in your child's case as no food is allowed in the accommodation block



### Activities











## Thank you for listening.

## Any questions?