

# Protecting your children

## Questions to ask

### Do not be frightened to talk

Many adults feel that they do not know enough about computers to ask the right questions – listed below are some ideas.

<p><b>GENERAL</b></p> <p>What responsibilities do they have when they use the internet?</p> <p>Do they know that people on the web might not be who they say they are?</p> <p>Do they know how to report issues?</p>	<p><b>SOCIAL NETWORKING AND CHAT</b></p> <p>Do they have a Social Network/Chat account?</p> <p>What do they do on the Social Network/Chat site?</p> <p>Do they know how to set privacy settings?</p> <p>Do they know how to report abusive messages?</p> <p>How many 'friends' do they have? Have they met any of them?</p> <p>Do they know how to block users?</p> <p>Do they know that anything they post could be seen by anyone in the world?</p>
<p><b>WEB SEARCHING</b></p> <p>Do they use a safe search engine?</p> <p>Do they know that activity on the web can always be tracked?</p> <p>Do they have a routine for dealing with sites that produce unacceptable content?</p> <p>Do they know not to download programs or other content without your permission?</p> <p>Do they know about malware and viruses?</p>	<p><b>MOBILE PHONES</b></p> <p>Do they know what they would do if they received an abusive text message?</p> <p>Do they know how to save a text message?</p> <p>Is their mobile phone able to access the internet?</p> <p>Have location services been set?</p> <p>Have parental controls been set on the phone?</p> <p>Have they PIN protected their phone?</p>
<p><b>GAMING</b></p> <p>Are their Gaming consoles linked to the Internet?</p> <p>Do they take part in multi player online games?</p> <p>Do they know how to report abuse?</p> <p>Have you agreed a time limit on their game playing?</p>	

**TABLETS AND LAPTOPS**

Is their laptop/tablet password/pin code protected?

Have location services been set? How are music, books and games purchased?



**More information and help can be found at:**  
<http://bit.ly/somersetesafefamily>

# Protecting your children Checklist



We have agreed a set of family rules based around the use of technology.	<input type="checkbox"/>
The rules indicate the length of time children can use technology.	<input type="checkbox"/>
These rules include information about the type/age range of games they can play.	<input type="checkbox"/>
Rules are included for different aged children.	<input type="checkbox"/>
As a parent I model the positive use of technology.	<input type="checkbox"/>
Older children are aware of their responsibilities to brother/sisters.	<input type="checkbox"/>
Parental access controls have been set for the wireless router.	<input type="checkbox"/>
Parental control software has been installed on individual computers.	<input type="checkbox"/>
Age related restrictions have been set on game consoles.	<input type="checkbox"/>
A Safe(r) search engine has been set as the home page (Primary aged children).	<input type="checkbox"/>
My children show me the internet sites they use. (Primary aged children).	<input type="checkbox"/>
Restrictions and rules have been set for the use of mobile phones.	<input type="checkbox"/>
Rules have been set for the use of both webcams or mobile phone cameras.	<input type="checkbox"/>
The family have agreed the occasions and applications where location services are activated.	<input type="checkbox"/>
The family know their rights and responsibilities when using Social Networks.	<input type="checkbox"/>
The children have agreed to only accept people they know and trust in the real world as online 'friends'.	<input type="checkbox"/>
My children have agreed to tell me if they are worried about something online.	<input type="checkbox"/>
The family recognise when to block people online and when to report them.	<input type="checkbox"/>
The family know where to go for help.	<input type="checkbox"/>

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